

Carita Sum

How has South Cove impacted me and/or my family?

Surely, there are thousands of qualified medical centers, however, South Cove establishes itself apart from all other medical centers. South Cove goes beyond experienced doctors and a friendly staff; it meets the needs of minority families like my own. The multilingual staff is able to understand patients' needs thoroughly rather than unclearly from the choppy message that results from playing the telephone game with translators and doctors. This specific quality helped my family communicate my needs with clarity.

From there, South Cove has made a huge impact on me by helping me grow as an individual. Since I was eleven, I have seen a psychologist at South Cove who ultimately changed my life perspective. Although I was not fond of the idea of talking to someone about my problems, I grew more comfortable with opening up to my psychologist by playing games together while she tried to get me to talk to her. Soon enough we became like friends. Instead of dreading our weekly meetings, I waited eagerly for them. This marked the beginning of my new and better perspective. Then four or more years passed, I stopped going there. As time passed my feelings and mood fluctuated. Last year I had some difficulties with life and so my mom made an appointment to see my psychologist again. As soon as I got comfortable, it felt like we picked up from where we left off; it felt like I never stopped seeing her. I explained to her my feelings and what I was going through and once again, she was able to help me.

This has impacted my life greatly because without her, I would not be the person I am today. I would never be as strong as I am right now. She taught me to stand up for myself and to voice my opinions to my dad and stepmom. If it were not for her, I probably would still be in a depressed state. South Cove's workers have changed my life positively and without them, my life wouldn't be the same.

Overall, South Cove is a unique clinic that is very beneficial to me and my family. This has made my family's life so much easier because they do not know much english. It has also impacted me by giving me life lessons. Seeing the psychologist there has helped me grow so much as an individual. I will always carry the lasting impact that South Cove has left on me throughout my life. Medical centers are certainly not hard to find but a medical center that goes beyond for its patients is.