

South Cove & Asian Healthcare

Foundation Essay Contest

The South Cove Community Health Center has always been there. My earliest memory of being in the South Cove was at the age of five. I remember needing to get two shots that day, but my sister and I were terrified and tried to run away from the nurses. My sister putted up a good fight and tried to wiggle her way out of the nurse's arm. As for me I already ran out to the waiting area and hid underneath the chair. Before I knew it, I was already sitting on top of my mom and the nurse already gave me two shots. I couldn't believe it, it was that simple and painless. The South Cove have impacted my family and especially me. The South Cove provided medical services to many families. It has a close knit community fill with amazing people. It even made me want to become a doctor myself. There are many great things the South Cove have given to me.

Throughout my life, I remember sitting in the waiting area watching cartoon on the television. I remember going to the South Cove a lot; whether it was the yearly check up or that I was sick. The purpose of the community health center is to provide medical and behavioral health services to the people. As a patient, I think I have received really great help from all the doctors and nurses. The South Cove is a five minutes from my house and whenever anyone in my family is sick. We are able to have access to seek for medical needs and services. One thing that makes South Cove different from other health centers is that my parents and many other Asian patients are able to talk to their doctors and nurses in Chinese. There are many medical and difficult terms and it can get pretty confusing for people. Not only is South Cove able to provide services to the patients, they are also able to communicate to the people and teach them how to use their medication and take care of themselves. The South Cove is there for the people and the community.

Not only have they surpass the mission of providing high quality, community-based health care and also be linguistically and culturally competent for the community. The doctors, nurses, and staffs of South Cove have created a safe and nurturing environment for many patients including myself. In many big hospitals, there's always this airy and tiresome atmosphere. However, it's not the same for South Cove. It is the fact that South Cove have a close knit community and everyone knows each other. The South Cove isn't big hospital, the people have known each other for years. This creates a family-like atmosphere where everyone is close to one another and is trying to help out one another. There is a nurse that have known my family and I

since I was a little toddler. She calls me “黑妹” in cantonese, which means little dark girl. To a stranger, this might sound weird, however, this is not the case for me. I have known this nurse for almost my whole life and she have been giving my shots since I was a toddler. The fact that she remembers me from all the other patients, it makes me feel special and that she actually knows me. This makes me feel closer to South Cove and trust the people of South Cove, knowing that the people remembers you and that they are actually be there for you. The small talks between me and my nurses makes the whole experience more unique and warm. This have impact me because I know there are people that I can trust to given me the medical attention I need. The doctors and nurses working there trusts each other, then so should I trust them with my health.

Now that I have come to the point where I need to find a path of my own. I know that I want to study in the medical fields and become a doctor myself. It has come full circle because of my experiences with the South Cove. There are people who have negative connotation of hospitals and doctors. However, my experience was different and I see doctors as hardworking people who helps those in needs. The South Cove have really impacted my life because I want to become someone who also give back to the community. But also work in an environment like South Cove, where people are able to rely and trust one another. The professionalism in South Cove makes them reliable. The people of South Cove have also made the community health center a better place. They have impacted me because I strive to become a doctor myself. So that I could help people in the future. I am inspired by all these amazing people in the South Cove center. There is a lot to this community center and the people that works in South Cove.

In conclusion, the South Cove Community Health Center have impacted me and my family, and also many other families in the Asian community. After so many years of being at this health center, there is a emotional attachment to the place and the people. They have provided medical services, but also surpassing their service by communicating in another language. For all the times that I have gotten sick, I know that I could come to my doctor and get well soon because of their knowledge and explicit instructions for me. The atmosphere of the South Cove Community Health Center is none like other because of the amazing people who have built this strong community. There is a bond between the patient's health and the doctors and nurses. The South Cove Community Health Clinic have also motivate and inspire me to become a doctor. It's hard to say that South Cove haven't impacted my life because as a matter of fact, it has truly influence and affected me.